Family Chore Chart

Who does what this week? Tick (or sticker) each day the job is done.

Week of _____ Reward this week _____

Chore	Who	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Make bed		☐	☐	☐	☐	☐	☐	☐
Put clothes in hamper		☐	☐	☐	☐	☐	☐	☐
Set / clear the table		☐	☐	☐	☐	☐	☐	☐
Feed the pet		☐	☐	☐	☐	☐	☐	☐
Tidy bedroom		☐	☐	☐	☐	☐	☐	☐
Empty dishwasher		☐	☐	☐	☐	☐	☐	☐
Take out trash		☐	☐	☐	☐	☐	☐	☐
Water plants		☐	☐	☐	☐	☐	☐	☐
Homework / reading		☐	☐	☐	☐	☐	☐	☐
		☐	☐	☐	☐	☐	☐	☐
		☐	☐	☐	☐	☐	☐	☐
		☐	☐	☐	☐	☐	☐	☐
		☐	☐	☐	☐	☐	☐	☐

Points / stars this week

_____ _____

_____ _____

_____ _____

_____ _____

House rules

- Do your chore before screen time
- Ask for help if you need it
- Done is better than perfect

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Chores by Age

Ideas for parents: pick 2–4 from your child's age group to start.

Ages 2–3

- Put toys in a box
- Put clothes in hamper
- Wipe up small spills
- Help feed a pet
- Bring diaper / wipes

Ages 4–5

- Make bed (simply)
- Set the table
- Match socks
- Water plants
- Tidy shoes by the door

Ages 6–7

- Clear own plate
- Sort laundry by color
- Sweep small areas
- Pack school bag
- Help put groceries away

Ages 8–9

- Load the dishwasher
- Fold towels
- Vacuum one room
- Take out recycling
- Make a simple snack

Ages 10–12

- Clean the bathroom sink
- Do own laundry (with help)
- Mop a floor
- Cook a simple meal
- Walk the dog

Teens

- Clean the whole bathroom
- Do own laundry
- Mow the lawn
- Plan and cook a meal
- Grocery shop from a list

Every child is different. These are ideas, not rules: match chores to what your child can safely do.

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