Daily Planner

Plan the day in five minutes. Top three first, everything else after.

Date _____

M T W T F S S

Schedule

6
7
8
9
10
11
12
1
2
3
4
5
6
7
8
9

Top 3 priorities

1. _____
2. _____
3. _____

To do

- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____

Meals

Breakfast _____
Lunch _____
Dinner _____

Water ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

Notes / grateful for

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